NAB™
INTERNATIONAL
SINCE 2010
Nutrition Advisory Board

TERA™ BIORESONATOR INTERNATIONAL
生物谐振仪

NTB01

OPERATING MANUAL

Progress Towards A Healthier Path

产品以实物为准 图片仅供参考
Products are subject to the actual picture is for reference only

⚠ 使用前，请详细阅读本说明书
Please read this manual carefully before use

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01 Product Composition

Local Standard

Item	Quantity
Host machine	1
Power cord	1
Specification	1
Certificate of conformity	1

NAB Tera Bioresonator-strengthening instrument uses advanced microcrystal magnetic resonance technology to generate a special frequency and waveform of resonance energy wave, through a pair of sensing energy import plate contact with the plantar of the human body, the energy wave is uniformly imported into the human body from the plantar, so that the water molecules composed of positive and negative ions in the body quickly rotate to generate heat. Endogenous subhigh-temperature heat effect (MHT) is produced in human tissue cells, which promotes the deep heat circulation of the human body. The characteristic of the terahertz solar lifter is that the energy wave is uniformly introduced into the whole body, which changes the single point local introduction mode of the common hyperthermia equipment.

Product Parameter

Item	Argument
Power/Frequency	220v~/50Hz
Exportation	300W
Timing	1-40 minutes adjustable

02 Contraindications and Product Interface

CONTRAINDICATIONS (WARNING)

Persons who have the following SHOULD NOT undergo therapy:

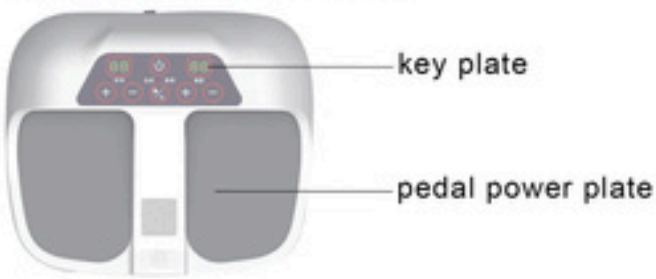
a. Infants and children 10 years old and below
b. Body temperature of more than 38
c. Pregnant, with uterine fibroids, in menstrual period
d. Copper IUD (intrauterine device)
e. Medical devices (pacemaker, cochlear implant, insulin pump)
f. Orthopedic implants and devices for bone fracture
g. Dental braces, fixed retainer
h. Any form of bleeding (coughing / vomiting blood, nose, or rectal bleeding)
I. Unconscious patient
J. Patient who can not place both soles on the machine due to contractures, deformity
k. Severe heart disease
l. Patients with blood pressure lower than 90/60
m. History of seizures, epilepsy
n. Wound or cut on the sole

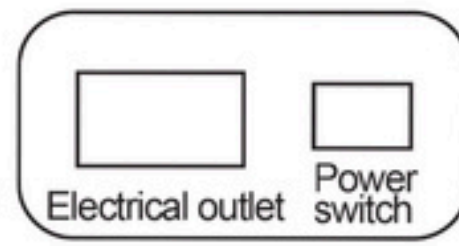
Precaution:

Persons who have or had the history of the following SHOULD ASK MEDICAL ADVICE before undergoing NAB Tera Bioresonator:

a. Heart disease
b. Stoke
c. Thrombophlebitis (vein thrombosis)

Product Interface





03 Mode of Operation

Various Operations

Power key:

- After plugging in the machine, press the RED Button at the back of the machine. The power supply key indicator on the interface will light and the device is ready to use. Press the POWER button on the interface.

Strength +/- Key:

- The strength can support 0-30 intensity, the machine's default is 0 intensity.
- Adjust the intensity by pressing the +/- key. Press (+) to increase intensity and (-) to decrease the intensity.

Time +/- key:

- The timer can be adjusted from 0-90 minutes, the default time is 20 minutes.
- Adjust the time by pressing the +/- key. (+) to increase the time, and (-) to decrease the time. The time is adjusted per 5 minutes.

Auxiliary heat key:

- When using the instrument at low temperatures, the auxiliary heat function can be turned on for 10-20 minutes; then, manually turned off, otherwise it will continue to heat.

Working Status:

- When the instrument is working, the infrared lamp of the device will light.

Standby State:

- The machine will automatically shut down after 3 minutes of standby time.

Detection:

- The machine can detect if the feet are placed on the footplate correctly. If it does not detect, the machine automatically shifts to standby mode.

04 Proper Use and Operating Procedures

DEMONSTRATION OF PROPER USE

1. Plug in the power supply.
2. Press the RED Button at the back of the machine. Wait for the light indicator on the interface to light up.
3. Press the Power button on the interface.
4. Put the feet on the footplate properly.
5. Adjust the time by pressing the (+/-) on the timing buttons, the default time is 20 minutes.
6. Adjust the intensity by pressing the (+/-) on the intensity buttons, the default in tensity is zero.
7. The machine automatically starts the therapy.
8. After the therapy, the machine beeps and automatically turns off.
9. If the device will not be used immediately, press the RED button on the back, then unplug the power supply gently.

OPERATING PROCEDURE:

1. Drink a glass of warm water before using the NAB Tera Bioresonator
2. Remove all coins, metal jewelries, and electronics
3. Avoid direct fan or air conditioner blowing while in use
4. Avoid metal contact with any part of the body, hands, or legs during the therapy.
5. Do not use mobile phones or other electrical devices during therapy.
6. For first time users, it is advisable to adjust the strength to below 5. You may adjust accordingly after a few sessions, depending on your health condition and body reaction.
7. Drink another glass of warm water after therapy.
8. Rest at least 1 hour before taking a shower. Avoid exposure to direct fans or air conditioners immediately after therapy.
9. One session is automatically set to 20 mins by default. You may end the ses sion anytime earlier before that. Let your body adjust accordingly based on your health condition. Starting with strength 1-2 and ending in 10-20 mins is good practice for first time users.
10. Start with 1 session per day for the first week. In the second week, you can do 2 sessions per day, with a higher intensity in the morning and lower intensty in the afternoon. There should be a 4 hour interval between use. Do not exceed 2 sessions per day.
11. Do not use the machine with other physiotherapy products simultaneously.
12. If a patient has discomfort during use, stop immediately and consult medical professionals for guidance.
13. Do not stand on the footplate.

05 Storage and Maintenance Instructions

- Ambient temperature range: -40~55°C.
- Working environment humidity: ≥90%RH.
- When cleaning the device, be sure to unplug the power supply first. Use dry cloth sprayed with 70% isopropyl alcohol.
- In a humid environment (humidity >85%) or after not being used in a long time, the machine should be preheated (plugged in and turned on) for 3 minutes before normal use.
- Turn the machine off if not in use. Unplug the power supply gently after use.
- After packing, the machine should be stored away from corrosive, moisture, water, and dust.

NOTE:

- Due to product updates, the content of this information is subject to change without prior notice.

Product Warranty Card (NAB TERA BIORESONATOR)

1. The warranty period is ten (10) months. During the warranty period, the maintenance fees are free.

2. Repair within the warranty period must be supported by proof of purchase and warranty card.

3. During the warranty period, if it is improperly used or it was self-repaired by the customer, the warranty is rebuked.

4. This warranty covers the repair or replacement of the broken unit upon evaluation and with the company's discretion.

Date	Defect / Problem	Replacement Parts	Service Personnel	User Signature

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GENERAL DATA

NAME: _____

ADDRESS: _____

AGE: ____ SEX: ____

DATE OF BIRTH: _____

RELIGION: _____

CONTACT NUMBER: _____

WEIGHT IN KG: _____ HEIGHT IN CM: _____

VITAL SIGNS

BEFORE	AFTER
TEMPERATURE: _____	TEMPERATURE: _____
BLOOD PRESSURE: _____	BLOOD PRESSURE: _____
PULSE RATE: ____	PULSE RATE: ____
RESPIRATORY RATE: _____	RESPIRATORY RATE: _____

COMPLAINTS

_____

_____

_____

CHECKLIST

BEFORE

__Drink 1 glass of water before use.

__Remove coins, metals and jewelries.

DURING

__Avoid direct fan / air conditioner.

__Avoid metal contact with any parts of the body.

__Do not use mobile phone / electrical device.

AFTER

__Drink another glass of warm water.

__Rest 1 hour before taking shower, avoid fan / air conditioner immediately.

PROGRESS TOWARDS A HEALTHIER PATH

CONTRAINDICATIONS

(PLEASE CHECK ALL THAT APPLY)

THE FOLLOWING ARE PHOHIBITED TO USE THE DEVICE:

____Infants and children up to 10 yrs old

____With body temperature of more than 38°C

____Pregnant

____With menstruation

____With uterine fibroids

____With copper IUD (intrauterine device)

____With medical devices like pacemaker, cochlear implant, insulin pump

____With any form of bleeding like coughing out and or vomiting blood, nose bleeding rectal bleeding

____Unconscious patient

____Patient who can not place both soles on the bioresonator due to contractures deformity

____With severe heart disease

____With dental braces, fixed retainer

____With history of seizure, epilepsy

____With wound or cut on the sole

____Other forms of bleeding (e.g. nose bleeding, gum bleeding, bloody stools)

REMARKS / RESULTS

_____

_____

_____

_____

_____

_____

CONSENT

I hereby acknowledge and agree to use the NAB Tera Bioresonator in accordance with the proper instructions and safety guidelines.

HCI / _____ is not responsible from any injuries, damages or losses that may occur due to improper use or failure to follow instructions.

_____

Signature over printed name

Date: _____